

Course Rating 68.0

Men's White (from 4 Feb 2026)

Par 70 Slope 114

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.5	+7	25.3 to 26.2	24
+4.4 to +3.5	+6	26.3 to 27.2	25
+3.4 to +2.5	+5	27.3 to 28.2	26
+2.4 to +1.5	+4	28.3 to 29.2	27
+1.4 to +0.5	+3	29.3 to 30.2	28
+0.4 to 0.4	+2	30.3 to 31.2	29
0.5 to 1.4	+1	31.3 to 32.2	30
1.5 to 2.4	0	32.3 to 33.2	31
2.5 to 3.4	1	33.3 to 34.1	32
3.5 to 4.4	2	34.2 to 35.1	33
4.5 to 5.4	3	35.2 to 36.1	34
5.5 to 6.4	4	36.2 to 37.1	35
6.5 to 7.4	5	37.2 to 38.1	36
7.5 to 8.4	6	38.2 to 39.1	37
8.5 to 9.4	7	39.2 to 40.1	38
9.5 to 10.4	8	40.2 to 41.1	39
10.5 to 11.3	9	41.2 to 42.1	40
11.4 to 12.3	10	42.2 to 43.1	41
12.4 to 13.3	11	43.2 to 44.1	42
13.4 to 14.3	12	44.2 to 45.1	43
14.4 to 15.3	13	45.2 to 46.0	44
15.4 to 16.3	14	46.1 to 47.0	45
16.4 to 17.3	15	47.1 to 48.0	46
17.4 to 18.3	16	48.1 to 49.0	47
18.4 to 19.3	17	49.1 to 50.0	48
19.4 to 20.3	18	50.1 to 51.0	49
20.4 to 21.3	19	51.1 to 52.0	50
21.4 to 22.3	20	52.1 to 53.0	51
22.4 to 23.2	21	53.1 to 54.0	52
23.3 to 24.2	22		
24.3 to 25.2	23		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.